WESTMOUNT MINOR HOCKEY ASSOCIATION

INFORMATION SHEET

- WHAT INTER-CITY HOCKEY IS ALL ABOUT:
  - The Westmount Inter-City hockey program consists of teams comprised of Westmount players who represent the city in games against other cities. Westmount fosters a learning & competitive environment at the inter-city hockey level. Players are placed after evaluations and can expect to be on the ice two to three times a week on average (this includes weekends). Westmount participates in the Eastern Hockey League (EHL) for single letters and the Lac St Louis (LSL) for double letters. The EHL consists of associations from Westmount, Cote St Luc, Montreal West, LaSalle, Lachine, St-Laurent & MRO (Outremont & Town of Mount Royal). Team schedules, scores and stats can be found for all teams on the EHL website [www.ehl.club](http://www.ehl.club). The LSL league consists of teams such as Lakeshore, DDO, Kanawake etc. and schedule info can be found at [https://www.hockeylsl.ca/fr/stats/index.html](https://www.hockeylsl.ca/fr/stats/index.html).

- THE EVALUATION PROCESS:
  - All registered players will have a minimum of three evaluations. During the evaluations players are evaluated on skill, stamina, ability, knowledge, attitude, commitment etc. Players must attend all evaluations in order to be eligible to be placed on a team. Please show up at least 30 minutes prior to the ice time evaluation.

- HOW HOCKEY WORKS IN WESTMOUNT:
  - Westmount has a three tier hockey system. The first tier is AAA, the second tier is double letters that comprises of AA, BB teams. The third tier is single letters that comprises of A, B and C teams. What teams we make depends on the number of registered players as of September 1st of that season. In the absence of a team at any division, players are permitted to try out for another association’s team with certain restrictions.

- COACH SELECTION:
  - Individuals that fill out a volunteer form will be interviewed by the WSR and will undergo a full background check. If the coach has a son or daughter on the team, the coach will only be selected when and if the player makes the team decided by the Sports & Recreation Department. If a coach has no children in the program he/she may be selected prior to evaluations beginning.

- ASSISTANT STAFF SELECTION:
  - A volunteer form must be completed
  - Comprises of Assistant Coaches, Trainers, Managers
  - Selection is only done if and when their child makes a team
  - All volunteers undergo a full background check.

- RULES & REGULATIONS
  - TEAM: Each team has their own rules that must be followed by all players and parents. These “team rules” are approved by the Sports & Recreation Department and will be enforced at all times.
  - CITY: Good conduct applies at all times whether at home or away games.
    - Teams can be held responsible not only for player and coach conduct but also parents and spectator behavior as well.
  - LEAGUE: League rules must be followed at all times

- COMMUNICATION:
  - Email is the best form of communication for coaches. Please ensure that you give them all the appropriate contact information at the beginning of the first team practice. This list will also be used by the Sports & Recreation Department.

- CONFLICT ISSUES:
  - SCHEDULING: Conflicts should be avoided as much as possible, however if a problem does come up, please address this issue with your coach.
  - COACHES: Please try and communicate with the coach should you have a problem. Should you feel the issue is not resolved please contact the Sports & Recreation department to discuss the issue.